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## FREE AND REDUCED PRICE SCHOOL MEAL PROGRAM

### FREQUENTLY ASKED QUESTIONS

Children need healthy meals to learn. **Helena Public Schools** offers healthy meals every school day. The meal rates for the 2022-2023 school year will be as follows: Breakfast **\$2.00**; Elementary School Lunch **\$2.90**; Middle School and High School Lunch **\$3.00**. **Your children may qualify for free meals or for reduced price meals.** Reduced price is **\$0.30** for breakfast and **\$0.40** for lunch. This packet includes an application for free or reduced price meal benefits, and a set of detailed instructions. You may now **APPLY ONLINE** at [www.mymealtime.com/apps](http://www.mymealtime.com/apps) and follow the instructions.

**Who can get free or reduced price meals?**

- All children in households receiving benefits from **SNAP** or **TANF** are eligible for free meals.
- Foster children that are under the legal responsibility of a foster care agency or court are eligible for free meals.
- Children participating in their school’s Head Start program are eligible for free meals.
- Children who meet the definition of homeless, runaway, or migrant are eligible for free meals.
- Children may receive free or reduced price meals if your household’s income is within the limits on the Federal Income Eligibility Guidelines.

*FEDERAL INCOME ELIGIBILITY CHART – For School Year 2022-2023*

Household size	Yearly	Monthly	Weekly
1	\$25,142	\$2,096	\$484
2	33,874	2,823	652
3	42,606	3,551	820
4	51,338	4,279	988
5	60,070	5,006	1,156
6	68,802	5,734	1,324
7	77,534	6,462	1,492
8	86,266	7,189	1,659
Each additional person add:	\$8,732	\$728	\$168

**How do I know if my children qualify as homeless, migrant or runaway?**

Do the members of your household lack a permanent address? Are you staying together in a shelter, hotel, or other temporary housing arrangement? Does your family relocate on a seasonal basis? Are any children living with you who have chosen to leave their prior family or household? If you believe children in your household meet these descriptions and haven’t been told your children will get free meals, please call or e-mail our homeless liaison, Kaitlyn Hess @ 324-2027 or [khess1@helenaschools.org](mailto:khess1@helenaschools.org)

**Do I need to fill out an application for each child?**

No. Use one Free and Reduced Price School Meals Application for all students in your household that attend Helena Public Schools. We cannot approve an application that is not complete, so be sure to fill out all required information with signature at [www.mymealtime.com/apps](http://www.mymealtime.com/apps).

## **Should I fill out an application if I received a letter this school year saying my children are already approved for free meals?**

No, but please read the letter you received carefully and follow the instructions. If any children in your household were missing from your eligibility notification, contact **Sharon Jensen at 406-324-2042** or [sjensen@helenaschools.org](mailto:sjensen@helenaschools.org) immediately.

## **My child's application was approved last year. Do I need to fill out a new one?**

Yes! Your child's application is only good for that school year and for the first few days of this school year, through **10/13/2023**. You must send in a new application unless the school told you that your child is eligible for the new school year. If you do not send in a new application that is approved by the school or you have not been notified that your child is eligible for free meals, your child will be charged the full price for meals.

## **I get WIC. Can my children get free meals?**

Children in households participating in WIC may be eligible for free or reduced price meals. Please apply.

## **Will the information I give be checked?**

Yes. We may also ask you to send written proof of the household income you report.

## **If I don't qualify now, may I apply later?**

Yes, you may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free and reduced price meals if the household income drops below the limit.

## **What if I disagree with the school's decision about my application?**

Please contact Sharon Jensen at 406-324-2042 or [sjensen@helenaschools.org](mailto:sjensen@helenaschools.org). You also may ask for a hearing by calling or writing to Janelle Mickelson, 1325 Poplar St Helena MT 59601, 406-324-2040, [jmickelson@helenaschools.org](mailto:jmickelson@helenaschools.org).

## **May I apply if someone in my household is not a U.S. citizen?**

Yes. You, your children, or other household members do not have to be U.S. citizens to apply for free or reduced price meals.

## **What if my income is not always the same?**

List the amount that you normally receive. For example, if you normally make \$1000 each month, but you missed some work last month and only made \$900, put down that you made \$1000 per month. If you normally get overtime, include it, but do not include it if you only work overtime sometimes. If you have lost a job or had your hours or wages reduced, use your current income.

## **What if some household members have no income to report?**

Household members may not receive some types of income you're asked to report on the application, or may not receive any income. When this is the case, please write a 0 in the field. However, if any income fields are left empty or blank, those will also be counted as zeroes. Please be careful when leaving income fields blank, as we will assume you meant to.

## **We are in the military. Do we report our income differently?**

Your basic pay and cash bonuses must be reported as income. If you get any cash value allowances for off-base housing, food, or clothing, it must also be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income. Any additional combat pay resulting from deployment is also excluded from income.

## **My family needs more help. Are there other programs we might apply for?**

To find out how to apply for **SNAP** or other assistance benefits, call the Montana Public Assistance Helpline at 1-888-706-1535, apply online at [www.apply.mt.gov](http://www.apply.mt.gov) or contact a local assistance office.

If you have other questions or need help, please call **406-324-2042**.