

Week of Nutritional Services NOV 26th - Weekly Newsletter Dec 2nd

Winter break Meal link now open.



Pre-Order Distance learning Meals

For pick up every Wednesday

[DLMD Week 12/2-12/8](#)

So far, we have already had people signed up to receive 4,300 meals. We really need to know for sure, if you want to pick up meals you will need to be on the list in order to receive these meals. We are handing out a full 7 days worth of meals (14 meals) not the just the 5, because there is no school that we need to worry about doubling up meals for some students. Please go to the link and sign up now!

We can provide meals to any group of children ages 1-18 in these very difficult times.

All you need to do is reach out to our office and we will see if we can set you group up with meals. Currently we provide meals to all Helena Schools, 7 daycare sites and 1 youth group. With our current USDA regulations and special funding opportunities we can provide meals to more families. In these hard times we want to help more than just the families that are in the Helena Public Schools community. If your program is interested, please reach out to Robert and he will see what we can do.

324-2512

Dec. 23rd and Dec 30th only

Jim Darcy - 8am - 10am

Rossiter - 8am - 10am

4 Georgians - 7am - 9am

CR Anderson - 8am - 10:30am

Bryant 9am - 11am

[Winter Break Meals](#)



We offered celery this week.



Did you know that a stick of celery only has 10 calories per stick but has several beneficial attributes. With it has items from antioxidants to important vitamins and minerals for your body. Celery is not just fun to put peanut butter and raisin on, it stands out all by itself as a healthy vegetable for you to add to your weekly diet.

For all current menus.

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